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|  |  | Cooking Classes  By Chef Jeff Fritz |

# Cooking Class Proposal

**Number of attendees:** 4-8

**Pricing:** $300-$600 (This includes all food costs, supplies, and instructor)

**Time:** 2 Hours class

**Class Option #2**

**Menu/Learning Objectives**:

**Menu**:

Grilled Flank Steak (Liberty Delight Farms Meats)

Homemade Tortillas

Fresh Pico de Gallo

Fajita Vegetables

**Objectives**:

* Each student will receive a demonstration on how to safely start and cook with an open fire grill.
* As a group they will receive a demonstration on basic knife skills and how to make a flavorful Pico de Gallo salsa.
* Each student will learn the basics classical way to make homemade flour tortillas cooked with open fire.
* Each student will get to season and roast fajita vegetables.
* Each student will learn types of meat seasoning and how some enhance flavors while others change them. Additionally, they will learn proper grilling techniques to cook a perfect steak using open fire style cooking.
* All the students will enjoy the meal that they created.